

Welcome to Nashville!



Suggestions for Monday night entertainment:

1. The Time Jumpers at a club called 3rd & Lindsley. Grammy award winning group that includes Vince Gill. This is a "must see" Nashville music event, reservations required, \$20. A very enjoyable evening. Check out their music online and see if they are your "cup of tea." (This is the south...make that SWEET tea!) They sell out-get your tickets here <https://www.ticketweb.com/event/the-time-jumpers-3rd-and-lindsley-tickets/10011235?pl=3rdlindsley&REFID=clientsitewp>

2. Free and no reservation or commitment involved-still great music. The Western Swingers at Roberts Western World on downtown's Broadway strip of honky tonks. Their fiddle player is over 90 years old and still kicks butt on the stage. Dance, listen, and drink cheap beer.

You can even buy a bologna sandwich & PBR special, if you're on a budget. <http://www.westernswingers.com>

3. Monday night is Salsa Night at Rudy's Jazz Room.

<https://www.rudysjazzroom.com>

Some things to see and do:

1. Centennial Park and The Parthenon. Centennial Park was built for our state's centennial celebration and is home to the only full scale replica of The Parthenon in the world. As the original structure in Athens was a temple to the goddess Athena, our replica has a statue of the warrior goddess, and at a striking 42 feet tall, it is the tallest indoor statue in the western world. Well worth the visit! <https://www.nashville.gov/Parks-and-Recreation/Parthenon.aspx>
2. Cheekwood-a historic home/art museum/botanical gardens. It is the home that the Maxwell House Coffee fortune built. <https://cheekwood.org/?gclid=EAlalQobChMI8qPB1JHV4QIVxYqzCh3ChQpvEAAAYASAAEgJTbFD BwE>
3. Radnor Lake State Park. For a little escape into nature, fairly close to downtown, take the trip to Radnor Lake. Hike into the lake's surrounding hillside trails, or walk & push the stroller along the paved former roadway that skirts the edge of the lake. <https://tnstateparks.com/parks/radnor-lake>
4. Bicentennial Capitol Mall State Park is just north of the state capitol building. While there, consider stopping by the Nashville Farmers Market on the western side of the park. In addition to the produce vendors, you'll find a market house with numerous and varied food options. Great for a quick lunch. *The brand new Tennessee State Museum has just opened nearby-it's FREE!* <https://tnmuseum.org>
5. Tennessee State Capitol. You can see the building via guided tour on Monday thru Friday at 9am, 10am, 11am, 1pm, 2pm & 3pm. Groups can make a reservation by calling 615-741-0830. Point of

interest-the building's architect, William Strickland, died during the construction of the building. His remains are interred the walls of the north side of the building. He also designed the Egyptian revival style Downtown Presbyterian Church-stop by and see this unusual church at the corner of Church Street and 5th Avenue North.

6. House of Cards. A newer offering in the Music City. Dress code enforced and they have a no photo policy. Fine dining, creative craft cocktails, and MAGIC. <https://www.hocnashville.com>
7. Country Music Hall of Fame and Museum.
<https://countrymusichalloffame.org/index.php/ContentPages/visit> Massive building with an impressive and wide ranging collection that tells the story of one of America's unique musical genres. The museum owns and operates Hatch Show Prints, located in the part of the building that connects to the Omni Hotel. For those of you who have toured through Durham, NC, the posters they commission for each show are designed and printed here in Nashville at Hatch Show Prints. If you sign up for one of their special tours, you can print something special of your own!. <https://hatchshowprint.com>
8. Johnny Cash Museum and Patsy Cline Museum.
9. Musicians Hall of Fame (covers all genres of music).

Plan ahead for a future trip to Nashville to explore our **National Museum of African American Music**. *Opening in 2020!*

Some noteworthy food & drink destinations (among MANY) are Pinewood Social, Acme Feed and Seed, Patterson House, Etch, Farm House, Chauhan Ale & Masala House, Rolf & Daughter, City House Here's a great resource for info on what's hot on the food scene <https://nashville.eater.com>

A fairly new entry to our dining scene is a completely **gluten free** AND **vegan** café/bakery, Sunflower Bakehouse.

<https://www.ilovesunflower.com>

Rooftop bar with a great city view-Westin Hotel's L27. Lots of bars and hotels now feature rooftop bars-look for one that suits your party needs!

Late night dining-just steps off of the Broadway honky tonk strip are two 24 hour diners: Sun Diner and The Diner. On Broadway you can have a "cheeseburger in paradise" at Paradise Park Trailer Resort.

<https://www.paradiseparkonline.com> (open until 4am every day)

Waffle House locations all over town! (and open all night)

For Nashville's signature "Hot Chicken," there is one of the "originals" in Prince's Hot Chicken. It's a "hole in the wall" and all the chicken is cooked as ordered, so expect to wait a while for the burn! Other newer purveyors of this hot dish, and a bit more customer friendly (and trendy) are Party Fowl and Hattie B's.

Nashville landmarks Loveless Café and Pancake Pantry draw throngs of locals and tourists alike. Biscuit Love is a new popular entry into the breakfast club.

BBQ downtown or nearby: Martin's BBQ Joint, Jack's on Broadway (Jack also has a location near downtown on Charlotte Avenue), Peg Leg Porker (just named best BBQ in Tennessee by Southern Living magazine), and a local favorite in East Nashville-Edley's.

My favorite local coffee shop in cute Hillsboro Village is called Fido. Frothy Monkey is another one I enjoy, and they have a location near TPAC. Barista Parlor is another popular hang for the caffeine crowd.

More things you might enjoy:

Thursday night is salsa night at Plaza Mariachi. The cast of Hello Dolly had a great time there celebrating a birthday.

<https://plazamariachi.com/event/salsa-night-at-plaza-mariachi/2019-06-06/>

If you're a fan of the television show "American Pickers" you might want to visit their Nashville store-Antique Archaeology.

And for those with a taste for the offbeat, there is the Lane Motor Museum (great collection of unusual cars) and Nash Trash Tours.

<https://www.lanemotormuseum.org>

Nashville Zoo at Grassmere. The property was home to the Croft family, whose last surviving daughters donated the property to the city. Their historic home is preserved and the zoo has been added in the last twenty years. They've just opened a new exhibit featuring Sumatran Tigers. <https://www.nashvillezoo.org>

The numerous greenways that are part of our parks system offer lots of miles for walking and bike riding

<https://greenwaysfornashville.org/individual-maps/>

<http://notesonnashville.com>

For chocolate lovers there are two fun opportunities. At the Goo Goo Shop and Desert Bar you can even take a class (private classes can be scheduled). Goo Goo is a local candy bar, with their original ad line

being that kids ask for it from birth.

<https://goo.gl/find/downtown-nashville>

Olive and Sinclair is Nashville's hipster chocolate bar. You'll find them in East Nashville, where all the fine young hipsters reside. They offer tours, too. <https://www.oliveandsinclair.com>

If you like to take photos in front of murals:

<https://www.visitmusiccity.com/trip-ideas/nashville-murals?fbclid=IwAR2Qbn8JYdaYGwylk IX2w6yqYiDGDjty5Pw4amIfuBtz aRER3nRLbbkXbw>

Nashville is a fairly safe city, but as in anyplace nowadays, please come and go with all due caution. If you're driving around town, be sure to avoid leaving anything of real or perceived value out in view when you park. The temptation could lead to a broken window-mean people suck!

Hope you have a great week in Nashville!